

3/2018
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LAKE NEWS

Our Vision

At UC SSC Lake Ginninderra we have a commitment to excellence in education that provides students with the skills and enthusiasm for a life of learning.

Our Values

a responsibility for one's own learning; skills that foster lifelong development; respect for oneself and others; taking responsibility for oneself and others; a commitment to success; and learning and working with others.



Contents & Contacts

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Lake G Timetable				
Monday	Tuesday	Wednesday	Thursday	Friday
8:40 am A	E	F	G	H (Programs)
9:20 am B				
10:00 am C				
10:40 am Recess	10:40 am Recess	10:40 am Recess	10:40 am Recess	10:40 am Recess
11:00 am D	A	B	E	D
11:40 am SG				
12:10 pm E				
1:00 pm Lunch	1:00 pm Lunch	1:00 pm Lunch	1:00 pm Lunch	1:00 pm Lunch
1:40 pm F	C	D	C	F
2:20 pm G				
3:00 pm H (Programs)				
3:40 pm	2:40 pm G	3:40 pm H (Programs)	3:40 pm	2:40 pm B
	3:40 pm	3:40 pm	3:40 pm	3:40 pm

From the Principal

Dear Students, Families, Community Members and Staff,

End Term 1 2018

The first term has concluded and students who have taken advantage of late entry to units or had a re-think of their academic package have begun academic term 2 during the week before the holidays.

ACT Scaling Test (AST)

It is important business. It is as important as the courses that each T student studies. The AST program in the college is designed to support students to understand and practise the types of questions that they will experience in the AST and develop the strategies for approaching these questions and managing time and emotions during the test. AST cannot be studied for in the same way as traditional testing because it examines the analytical and problem solving abilities of the students. All T students must participate in all aspects of the program.

The workshops held during term 1 have been well attended but there are students who need to take advantage of this opportunity during term 2. The next trial for AST will be held during the exam period at the end of semester. Results from the most recent trial which employed a paper from the Queensland Cognitive Skills Test which is similar to AST are being distributed to students at their SG meetings early in term 2.

Year 11

I have been very impressed by how the majority of students have approached the expectations of college assessment and deadlines. It is a different challenge than high school and stepping up to meet the challenge is important to success.

For students who are still acclimatising to this aspect of college life, support and guidance is available. The first term of year 11 is a demanding transition for many students. Expectations are high, standards are demanding and some students question their choices - either or both their courses and levels being studied.

The most important thing to remember is that seeking advice - find a year coordinator, careers advisor or heads of faculty - is the best strategy. A major can be started in new subject areas at the beginning of second term and still completed by the end of year 12. Our role at college is to help students actively seek pathways to success.

Year 12

The facts are that Year 11 is over and now history. This year is the year students will make choices about their future in the adult world. One choice they have is to take a large element of control is the quality of their Senior Secondary Certificate.

Attendance is everything. Participation is everything. Organisation and time management are everything. Completion of work is everything. It is all important as there are three terms to go and then school will be complete.

The Board of Senior Secondary Studies has very specific rules around how many points and majors and minors an ACT Senior Secondary Certificate must have. V grading (no points) can in some cases make completion by the end of the year impossible. The college will work closely with all students (and their families/carers) who may be at risk of missing their Senior Secondary Certificate. We want every student in year 12 to receive a certificate and walk the stage at the end of the year at graduation.

Parent Teacher Evening

Thank you to all those that attended Parent Teacher Evening - the high level of interest by parents and the quality of the discussions was very gratifying. If you were not able to attend or a teacher was fully booked and you wish to speak to them please contact the college.

Open Night

The college **Open Night is on Thursday**

17 May at the college between **6.00 and 8.00pm**. The college will be open with information stalls, demonstrations, entertainment, course explanations from both staff and students – we are particularly proud of the high levels of student participation and support for Open Night and many other school events. Students will receive recognition for this contribution. Their presence provides an important insight for our visitors into the life, culture and learning of the college.

Academic Information Evening

Information for years 11, 12 and parents/carers will be presented on Thursday 24 May at 6.00 pm to discuss the ACT Senior Secondary Certificate, in particular the ATAR, alternative University pathways such as UC Connect, and planning and preparation for all students in regard to post college opportunities in study, training and work.

Lake Idol

A mammoth undertaking organised by staff and supported by wonderful contributions from students - the performers were fantastic (with guests from other schools as well), the student organised and run by our Business Students stalls raised donations for Tathra, with guest organisation running information stalls as well, and of course the barbecue. The support from the audience was always positive and encouraging. Well done all!

Recognition and Celebration

Look for all the reports on excursions, college representation, events (such as Lake Idol) and courses in the Newsletter, on the Web page and on Facebook. There is much to reflect on, celebrate, and learn about.

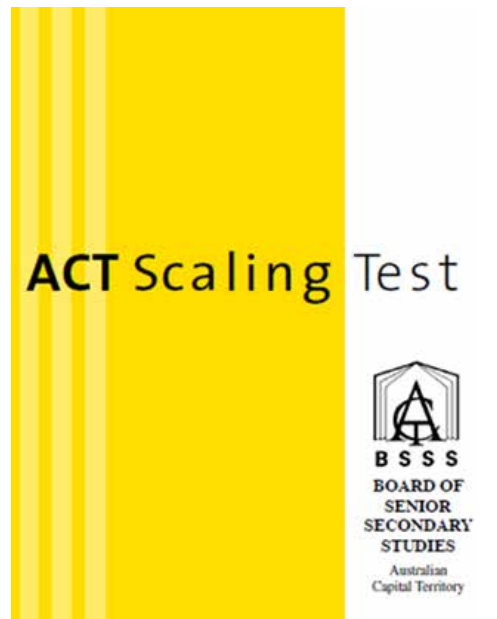
Best wishes,

Martin
Principal

Looking Ahead

Mar	Week 8	26	27 *College Boys Softball	28 *Student AST Application forms due to the Board Secretariat	29 *Water Rocket Competition *College B'ball *Rugby League John Allen Cup	30 Good Friday	31	1
Apr	Week 9	2 Easter Monday	3 *Science Tests on lines	4 *Science Tests On lines	5 *Science Tests on lines *College B'ball *Rugby League John Allen Cup	6	7	8
	Week 10	9 *Science Adventure	10 *Parent Teacher Meetings 4.30 - 7.30 pm *OE Multisport *Science Adventure	11 *OE Multisport *Science Adventure *ANU HASS Showcase *College Lawn Bowls	12 *OE Multisport *Science Adventure *Rugby League John Allen Cup	13 *Term 1 ends	14	15
		16	17	18	19	20	21	22
	Week 11	23 *OE Nowra - DM	24 *OE Nowra - DM	25 ANZAC Day *OE Nowra - DM	26	27	28	29
		30 Term 2 commences *OE Bungonia 2 *Closing date for applications for ACT students to sit AST overseas	1 *OE Bungonia 2	2 *OE Bungonia 2	3 *OE White Rocks L'ship *Kathmandu Shopping Night 5.30-7.30pm	4 *OE White Rocks L'ship	5	6
May	Week 12	7 *OE Canoe 1 – depart 3pm *ACT 12 & U Swimming Carnival	8 *OE Canoe 1 *OE White Rocks L'ship	9 *OE Canoe 1 *OE White Rocks L'ship *AFL Boys Open Cup *College Swimming	10 *Science Exc *OE Climbing *College Futsal-Boys & Girls *College Netball	11 *OE Climbing *Dance Practical Moderation day 9am-4pm TBA *Kate Tominac Cup B'ball	12 *OE Climbing - DM	13
	Week 13	14 Executive *ACT Golf	15	16 *OE Wee Jasper 2	17 *OE Wee Jasper 2 *College Futsal-Boys & Girls *College Netball *Open Night	18 *Art Camp	19 *Art Camp	20 *Art Camp
	Week 14	21 *Nullarbor trip *Art Camp	22 *Nullarbor trip *Student and Course Information sent to UAC *Touch Football – Boys & Girls	23 *Nullarbor trip *OE Canoeing 2 - PQ	24 *Nullarbor trip *OE Canoeing 2 *College Futsal-Boys & Girls *College Netball	25 *Nullarbor trip	26 *Nullarbor trip	27 *Nullarbor trip
	Week 15	28 Reconciliation Day *Nullarbor trip	29 *Nullarbor trip *John Steltzer Cup B'ball	30 *Nullarbor trip *OE Canoe depart 3pm *College Girls Football	31 *Nullarbor trip *OE Y11 Canoe *College Futsal-Boys & Girls *College Netball	1 *Nullarbor trip *OE Y11 Canoe *John Steltzer Cup B'ball	2 *Nullarbor trip	3 *Nullarbor trip

AST update



AST dates for 2018

Tuesday 4 September

Multiple Choice task / Short Response task

Wednesday 5 September

Writing task

BSSS Website

<http://www.bsss.act.edu.au/home>

Student workshops for AST have been proceeding on every non-holiday Monday. Another trial to test improvement will take place during the exam period at the end of semester.

Below is a slide from a recent AST workshop presentation to students. The slide illustrates one way that quantitative information is presented in the short response task.

Your Turn – Pot plants

The diagram shows six potted plants arranged in two rows of three. The top row features 'Petal' plants (I, II, III) and the bottom row features 'Spice' plants (IV, V, VI). Each plant is shown with a watering can and a thermometer. The conditions for each plant are as follows:

Plant	Species	Temperature	Watering	Fertilizer
I	Petal	18 °C	Yes	No
II	Petal	18 °C	Yes	Yes (Kwikgro)
III	Petal	25 °C	Yes	Yes (Kwikgro)
IV	Spice	18 °C	Yes	No
V	Spice	18 °C	Yes	Yes (Kwikgro)
VI	Spice	25 °C	Yes	Yes (Kwikgro)

- Write answers to three questions
- 10-15 minutes to complete
- Suggested responses from you
- Sample answers and what you think they are worth

Other questions of this type are available from the BSSS website:

http://www.bsss.act.edu.au/__data/assets/pdf_file/0010/313876/AST_SRQ_Sample_Test_2012.pdf

Visual Art

Viewed at: https://the-riotact.com/emerging-young-artist-hayley-steel/238000?utm_medium=facebook&utm_source=ra

Emerging Young Artist: Hayley Steel

By Sophia Brady - 27 March 2018

At 17 years of age and in her final year of High School, Hayley Steel has her sights set on a career in the art world. She has already had a head start with private commissions, exhibits and her paintings being commercially available on her own website.

Hayley shared, "I have always been attracted to art, but it wasn't until I started art lessons that I really got into it. I became a practicing artist at 15, selling works and submitting art to exhibitions and competitions. I have come a long way in my art since then, learning something about myself and about my art each day. I can't wait to see what the future holds."

"The more I paint, the more I become inspired by modern artists. I have a more classic painting background, so it's quite exhilarating to incorporate risky modern styles into my own. I'm always inspired by Klimt and Emilio Villalba. And I'm always looking for inspiration in the real world too."

She is off to a running start in her career, as she has already been handpicked and spotlighted as a RAW Canberra featured artist. Founded in Los Angeles in 2009, RAW: Natural Born Artists is an independent arts organisation, for artists, by artists. RAW currently runs events in nearly 60 cities across the United States, Australia, Canada and the UK and provides a platform for artists to come together and show off their work to the local community.



Hayley Steel. Photo: Chris Walsh.



‘A ghost of what she once was’

– Instagram image via @hayleysteel.art

This year, Hayley is currently being exhibited at the Belconnen Arts Centre (BAC) as part of ‘In Transit Unframed’. As 2018 is the beginning of a new chapter for Belconnen Arts Centre as they face new opportunities and are undergoing a transformation of their building, they asked artists to respond to themes of change, metamorphosis, growth, journey and evolution.

With Hayley saying “The Transit exhibition is inspired by change and growth, as this year the BAC will go through some exciting new changes. Artists and hobbyists are both in the A3 exhibition, and it’s fascinating to see how different all the works are. The artists have really taken the idea of metamorphosis or transition and applied it to their own lives, producing something personal and beautiful.”

Hayley explains the process of one of her favourite works she painted for the exhibit, “‘A ghost of what she once was’ explores the ever-changing nature of our being. The fabric over her face represents the fluidity of existence and the many different lives we live over our lifetime, each

one almost unrecognisable from the other. It’s this change that helps us to learn and grow. And it’s this change that drives us forward.”

As well as being exhibited, Hayley has already attracted many commissions including one from local Canberra entrepreneur Serina Bird, with Serina saying “I commissioned a painting of a white lotus last year from Hayley, which I wanted to feature in labels for a range of Asian food items I was making. The finished result far exceeded what I had hoped for. I wake up of a morning and look at the photo, mesmerised. It draws me in, the powerful figure of the lotus rising out of the dirt and muck reminding me, on difficult days, of the potential for dreams to succeed.”

‘Lotus’

- Instagram image via @hayleysteel.art

As for her future plans, Hayley reveals, “This year I’m focusing on building my portfolio – I hope to study painting next year at the ANU. I’m also trying to get my name into the community as an artist. I have a lot to learn, but I’m really excited about the art in my future and how it will shape me as a person.”

For more information, visit hayleysteel.com or the ‘In Transit Unframed’ exhibition is available for viewing in the Foyer Gallery at the Belconnen Arts Centre until 29 March.

By Belconnen Arts Centre
20 January 2018



Maths Happenings



This edition's problems come from term 1 Yr. 11 Maths classes and are an indication of the type of problems the students are solving in class and the level to which they are working at. Challenge yourself with these (and then ask a student to help you out with the answers)!

Applications

Sharni works in a mine and earns an hourly rate of \$39.85. She also gets a below-ground allowance of \$11.24 per hour.

Her normal shifts are:

- Monday: 10.00 a.m.–5.00 p.m. above-ground
- Wednesday: 1.00 p.m.–6.00 p.m. below-ground
- Thursday: 9.00 a.m.–12.00 noon above-ground, and 12.00 p.m.–2.00 p.m. below-ground
- Friday: 8.00 a.m.–2.00 p.m. below-ground, and 2.00 p.m.–5.00 p.m. above-ground

a) How much does she earn if she works her normal shifts?

b) Sharni is also paid a meal allowance of \$31.60 per day if she works six or more hours. Calculate her total earnings for the week if she works her normal shifts.

Methods

Solve the following cubic equations

a) $2x^3 - 50x = 0$

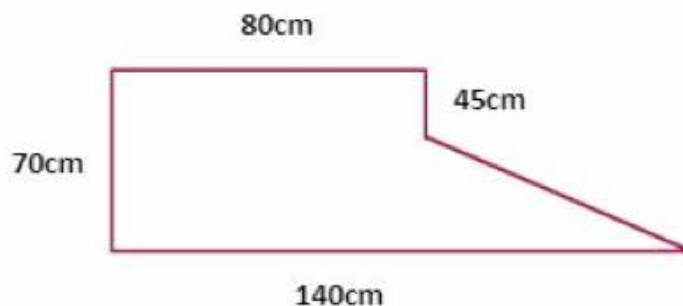
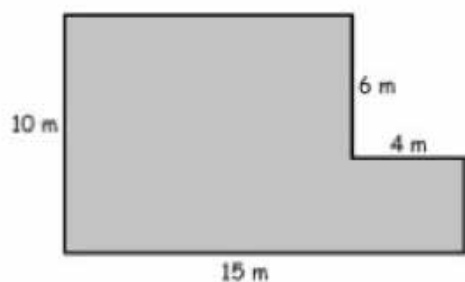
b) $x^3 + 2x^2 - 3x = 0$

Specialist /Specialist Methods

If the vectors $a = \begin{pmatrix} 2 \\ 3 \end{pmatrix}$ and $b = \begin{pmatrix} 3 \\ y \end{pmatrix}$ are perpendicular, find $y \in \mathbb{R}$.

Essential

Calculate the perimeter of the following composite shapes. Write the missing side lengths first.



Specialist

You can draw a picture of two vectors at right angles, or using dot product, to achieve the solution below.

$$\begin{aligned}
 a \cdot b &= \begin{pmatrix} 2 \\ 3 \end{pmatrix} \cdot \begin{pmatrix} 3 \\ y \end{pmatrix} \\
 0 &= 6 + 3y && \text{(since } a \text{ is perpendicular to } b) \\
 y &= -2
 \end{aligned}$$

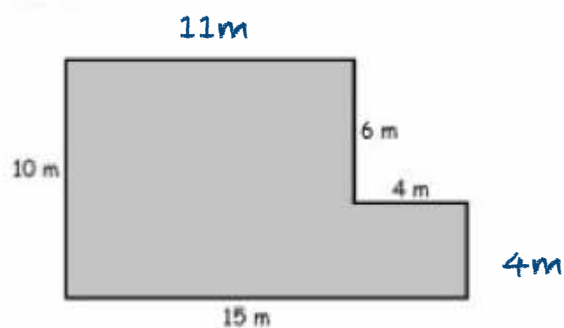
Apps:

- a) \$1080.04
- b) \$1143.24

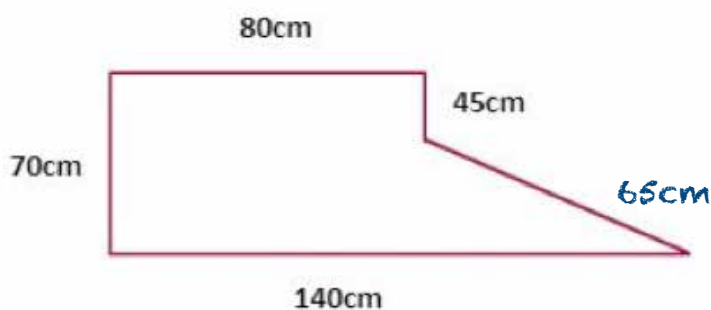
Methods:

- a) $x = \pm 5$
- b) $x = -3$ and 1

Essential



Perimeter = 50m



Perimeter = 400 cm = 4m

Food Technology Update

Alongside preparing a variety of food for different social occasions, food students have also been learning about the properties of food. In week 7 a double blind experiment was conducted to test out their senses. Students were blindfolded and supplied with food from their partner (who also was unaware of the item) and had to guess each ingredient relying only on smell and taste. Students struggled to tell the difference between several foods and were quite surprised when all was revealed – really highlighting how much we rely on visual cues when eating.



Hospitality Update

After several weeks of preparing and serving a variety of beverages, year 12 Hospitality students have put their service skills to the test. An obstacle course was set up in which they had to carry a tray full of various sized beverages around the quad without spilling. Unsurprisingly, there were plenty of laughs and spills as teams raced through the relay. Students learnt a lot about hand placement and organisation of drinks to maintain balance and control during tray service.



Hospitality Mentoring and Leadership Program

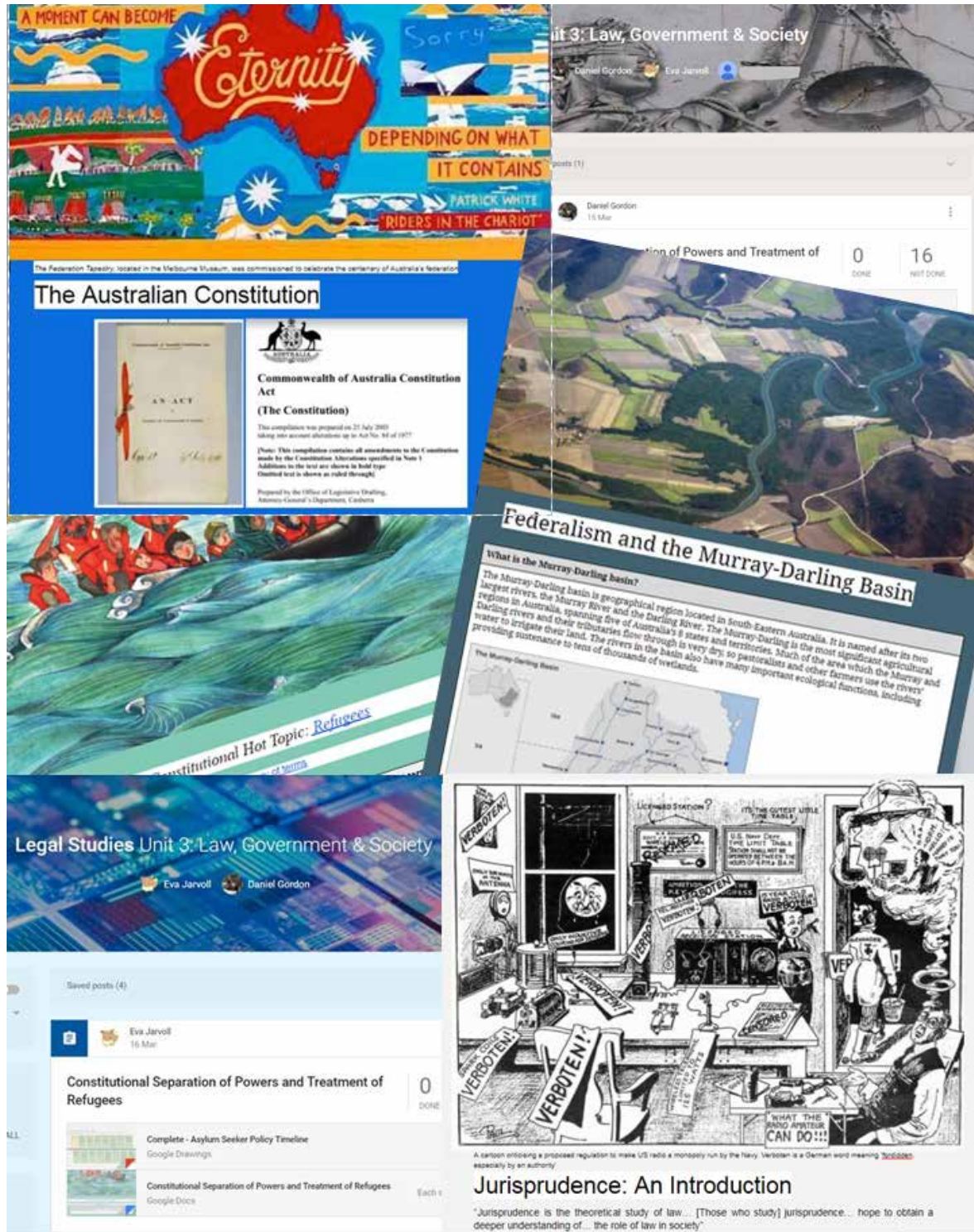
In the first mentoring event of 2018 hospitality students had the opportunity to visit Kaleen High School and work with their food/hospitality classes to cater for the 30th Annual Canberra Model Railway Expo. Students' leadership skills and initiative were praised by both staff and students.



Legal Happenings

A strong Constitution required for students of Legal Studies on the G-Suite Platform.

These are some of the topics and worksheets that legal studies students have been working on this term in the lead up to their first assessment task. Google classroom and the G-Suite platform has enabled greater innovation in delivery of courses and collaboration between students and staff.



Automotive Revolution

Female enrolments continue to grow in Automotive and other traditionally male-dominated trade courses. More than 40% of the year 12 auto class are females, a clear indication that the gender stereotypes are being eroded by this cohort of students.



Canyoning Trip 2018

Canyoning is an experience that combines the acts of swimming, abseiling, scrambling, jumping and bush walking through landscapes known as Canyons. Canyons are known for their amazing geographical features, they are formed by the water flowing through sandstone rock creating a beautiful pathway perfect for adventure.



With an early start on Sunday morning we headed off on the bus to the Blue Mountains. We reached our destination in the middle of the day and got our gear on, ready for our first adventure of the trip. We walked down to Grand Canyon through the rainforest observing the breathtaking scenery. We reached the opening of the Canyon and headed in, seeing the formation of the Canyon for the first time was truly mesmerising. We made our way through as a group enjoying the different challenges we came across. We swam through the freezing water which cleared our heads and woke us up at the start of our journey. We negotiated our way to the turnaround point and reached the abseil entrance. After a little break taking in the scenery and chatting we started our walk up through the beautiful rainforest to the bus. On the way to our accommodation we gathered ingredients for our group dinner. We reached the accommodation and unpacked our gear working together. At the end of the day we talked about our highlights and how the day went then what the next day's plan was.

With another early start we headed on to the bus to our next destination. This Canyon was called Bowens, this was a challenge with the cold weather but we all had an amazing time. We started off the day with a steep and slippery decline to the Canyon through thick forest, water, mud, rocks and logs. We reached our first stop and prepared before we leaped into the water in the canyon. To start we swam and then scrambled our way through to the

first abseil. The abseil was an exciting experience, making your way down a rock surface near a waterfall on ropes is exhilarating. When we reached the bottom of the abseil we had to float in the water with our packs and unclip under the waterfall which was challenging. We kept traveling and got to the next abseil which was higher and a different experience. Eventually as a group we finished the Canyon and had our lunch. During this time, we could swim around and had the option to do a 7-metre rock jump which was heaps of fun. We got ready and started another steep and slippery climb out of the Canyon up to the bus which was a challenge but we all felt a sense of achievement afterwards. We reached our accommodation and unpacked then had dinner together. We had our debrief and headed off to bed ready for our last day.

Up early and packed for the day we piled onto the bus and headed to Empress Canyon. The weather was nicer, and everyone was keen for the last day of our adventure. We split into two groups, the first group went into the Canyon and then group two followed shortly after. The Canyon was truly beautiful with light seeping in through the top of the Canyon. These highlighted different features of our surroundings with a deeper effect. Jumping into the water, swimming, climbing and sliding we eventually reached our final abseil of the trip. The abseil down the waterfall was incredible. Feeling the water flow past you and taking in the scenery from a different viewpoint was amazing to experience. We hiked up to the bus and packed our gear ready for our trip back to Canberra. With an enjoyable bus trip, we got back to the school and unloaded all our gear.

With our amazing leaders and group, we accomplished all the challenges we faced and came out of the experience with many great memories.

"It was the best thing I have experienced." - Kelsy Maher Year 11

"It was my first trip as a year twelve student and it was a great experience to have the chance to improve on my leadership skills." - Sam Mead Year 12

By Kyla Noakes



Sportstar Of The Month

Congratulations to Olivia Martin on being our April Sportstar of the Month. Olivia has been selected in the A.C.T U18 team earlier in the year and was successful at the tournament. From that tournament, Olivia has been selected in the Australian 'Futures' Development Hockey team. We wish Olivia all the best with her continuing trainings and future in hockey. Well done Olivia. Thanks are again extended to The Sportsmans Warehouse for their continued support of Lake G Sport.



Beach Volleyball – ACT Champions

Lake G had a record number of entries in this years' College Beach Volleyball Competition. Although success in Volleyball at Lake G is often assumed, this year was the very first time in the 20 year history of the event that Lake G won all 3 divisions!

All our students were great ambassadors on the day, where fun participation was the goal.

In terms of results, congratulations to the:

Mens Pairs - Ethan Garrett & Deua Berry who defeated fellow LakeG boys Gai Gai & Andy Toms in the final.

Womens Pairs - Jemma Stokes & Charli Di Maria who defeated fellow LakeG girls Janet Malu & Jane Morrison in their final.



Girls AFL – ACT Runners Up

On Tuesday 13th March we competed in the ACT Colleges girls AFL Carnival. We had a team with a mixture of experience but all players showed significant improvement on the day. We came against a tough competitor, Erindale College, in our first game of the day and went down by 57 points. Then we had successful wins against Gungahlin College and Dickson College. The players worked well to move the ball up the field, their tackling improved significantly and they began blocking for one another. We made it through to the grand final which meant we had to play Erindale again. As an indicator of their improvement, they only lost by a couple of points in the Grand Final. Well done to all the girls involved on the day: Shania Afele, Gabrielle Baum, Josh Blanchette, Shannon Brown, Taylor Brown, Katrina Button, Bethany Chambers, Euphemia Chiriso, Jorja Cockburn, Stella De



Marco, Ellie De Ruyter, Grace Edwards, Chioma Enyi, Montana Harrington, Lily Martens, Bronte McIlhatton, Jane Morrison, Riley Nisbet, Charli Nisbet, Thea Osmond, Kyah Priestly, Lara Rankin, Imogen Reyner, Aylisha Sutton and Ivy Tupai.

Boys Rugby League 9s – ACT Plate Champions

On Thursday the 8th of March, 13 Lake Ginninderra College boys trekked out to Seiffert Oval in Queanbeyan to contest the ACT college Rugby League 9s competition. They started the day out well with a convincing win over a combined Hawker and Copland College team, in their second game they lost a close fought, high scoring affair against St Francis Xavier College. In their Final pool game the boys came up against a solid Erindale College team who they managed to break down late in the game and get the win against. This win pushed them into the Plate Final once again against Erindale who the boys easily managed to beat through some impressive team work and individual play, with Kendall Barber taking home the player of the final medal. Ngor Matot also impressed by managing to get the scoring started with the first kick return of the final after collecting the ball on his own 10 metre line and running a tiring 90 metres to score. All of the boys should be congratulated on their efforts and the way in which they represented the college on



the day. Congratulations go to: Jeff Pehara, Josh Reardon, Stephen Bessey, Jarrod Hitchins, Tom O'Brien, Ngor Matot, Tony Siueva, Jarryd Marshall, Miracle Kamara, Cameron Best, Ryan Chambers, Earldric Pehara and Kendall Barber.

Boys Rugby League 13s

On Thursday the 22nd of March a strong group of Lake Ginninderra college students headed out to the Gungahlin enclosed field to take part in the John Allen Cup for Rugby League. The boys leapt out to an early lead against Erindale College after scoring first, they then followed this up five minutes later with a second try to lead 8-0 at half time. After unfortunate injuries to key players James Lanivia and Josh Reardon, Erindale took full advantage of our restructure scoring two quick tries. They then scored a late match winner to take the game away from our boys who all played really well 14-8. After a 5 minute turnaround we came up against fit and impressive Gungahlin college side that came out hard and scored an early try to put us on the

back foot from the beginning. We then lost Koh Aitkin and Earldric Pehara to injury putting further stress on our already tired defence. Unfortunately Gungahlin went on to score a few more tries and take the win. Gungahlin also went on to win the tournament. All of the Lake Ginninderra players deserve to be congratulated on how they played and also how they represented the college. The players involved were: Josh Reardon, Cameron Best, Earldric Pehara, Jeff Pehara, Jarryd Marshall, Ngor Matot, Tom O'Brien, Jarrod Hitchins, Miracle Kamara, Zac Dickason, Davi Tuinukuafe, James Lanivia, Akech Mayom, John Mapiou, Dean Faigafa and Kho Aitkin.

Girls League Tag – ACT Cup Champions

On Thursday 8th March an excellent group of girls competed in the Girls League Tag College competition. We came up against Mackillop and St Francis during the round games. Then played against Gungahlin in the semi-final. We won the semi final, thanks to the bonus points for scoring the first try. The team worked really well together to provide a strong defensive structure which meant we had limited scores against us all day. We went into the grand final undefeated. The grand final was a tight game against Erindale College. Again the girls worked well together and drove forward on the first few tags. There was some excellent running from Maddy Orr and Caitlin Turnbull to move the ball up the field. We kept Erindale scoreless and won the tournament overall. Caitlin Turnbull was named player of the final. Well done Caitlin. Well done to all the girls that participated on the day: Hayley Bennett, Caitlin Turnbull, Maddy Orr, Shannia Afele, Rhiannon Ransley, Mikayla Monfries, Chioma Enyi, Alexis Gordon, Kyah Priestly, Jasmine Collis, Abigail Tosic, Ivy Tupai and Emily Van Hest.



Lawn Bowls

On the 11th of April, 8 Lake Ginninderra Students headed to the Turner Bowls club to compete in the ACT Schools Lawn Bowls championships against 60 other students from across Canberra. After a successful pool round, 3 out of our 4 pairs qualified for the quarter finals with Riley Nisbet and Bronte McHillaton unfortunately failing to make it through to the knock out stage. Jane Morrison and Charlie Nisbet qualified for the quarter finals by winning their pool, they then went on to beat a Canberra College team in their quarter final to progress to the semi-finals. Abby Tasic and Shannon Brown also qualified for the quarter finals where they were unluckily paired against another Lake Ginninderra team of Nathan Miller and Kendall Barber. Nathan and Kendall won that quarter final and progressed to the semi-finals where they came up against our only other remaining Lake Ginninderra team of Jane and Charlie. Kendall and Nathan won that game in a very close run semi-final. In the Grand-final Kendall and Nathan came up a quality pair from Mackillop College, the boys played really well to beat them 5-4 and be crowned ACT champions, bringing another title to Lake Ginninderra. Congratulations to all involved.

Congratulations to:

Abigal Tasic who has been selected in the Australian Under 19s Development Softball Team. Abi will represent Australia at Tokyo in October.

Molly Sturgiss who came 4th in the 400m hurdles at Nationals in March.

Mitch Baker who came 2nd in the 5km race walking and 4th in the 10km race walking at National in March.

Students representing Australia in the U18 Albert Schweitzer Tournament - **Isaiah Lee, Kyle Bowen, Hunter Goodrick, Alex Ducas** and **Josh Gatbel**.

Tamuri Wigness, Wani Swaka Lo Buluk and **Hunter Clarke** who are playing in the FIBA Asian qualifiers for the U16 Australian Basketball Team (Crocodiles).

Olivia Martin on making the Australian Development Hockey team. Well done Livi!

Isaac Jacobs on making the Australian Frizbee team. Well done Isaac!

Bentley Walker-Broose on his representation at the Mountain Bike Competition held at Thredbo.



Social & Community Work Update

This semester students are completing the unit 'Work with Young People'; where producing positive and productive members of society is the overarching theme. The focus is predominantly around issues that young people (12-25 years) face and the variety of community services available to support them. Their first assignment required the students to complete a film analysis of The Oasis, an award winning documentary about Australia's homeless youth.

<https://www.theoasismovie.com.au/>



In week 8 students visited Belconnen Youth Centre where employees took the group on a tour through Belconnen Community Service facilities and discussed all the programs they have on offer. Many students had never visited the centre and had little understanding of what employees actually did. It was interesting to hear about the day-to-day happenings at the centre and the wide range of jobs and outreach work that youth and community workers are involved in to benefit the lives of young people and the community.

Tourism & Event management

A recent excursion to Tidbinbilla will continue to add value to the students' learning and ACT Parks vision for attracting younger people to visit places like Tidbinbilla. After a tour of the tourist complex, Aboriginal rangers took students on a number of paths through the area and spoke to them about the medicinal properties of some native plants and the cultural significance of the landscape and some local artefacts and skills.

Student Wellbeing Program

Introduction:

At UCSSC we have a Student Wellbeing Program to support our students at the college. The program is run as a two year timetable that actively engages students practically and theoretically in social, emotional and personal development. Students will learn through activities such as team building exercises, in class activities, guest speakers and whole school events. The program will focus on the overall health and wellbeing of the individual student and strengthen the relationships between students and staff.

The framework for this program is based on Positive Psychology research and the Ways to Wellbeing (Give, Take Notice, Keep Active, Keep Learning and Connect). The program will also incorporate Thomas Nielsen's principle of 'Giving', recognising that those who feel a sense of purpose have a higher state of life pleasure. The program will link to relevant charity organisations and foster a culture of giving within the college community. This could contribute to the overall emotional wellbeing of the students at the college. Students will study units on Positive Relationships, Self-awareness and Wellbeing, Mental Health, Sexual Health, Party Safe, Personal Safety, Culture of Giving and Healthy Lifestyles.

Goals:

The student group program aims to:

- Actively promote student wellbeing as a whole school priority.
- Develop important 'transferable' life skills that promote mental, physical and personal/academic achievement.
- Use the tools of learning gained in a school setting in other practical situations.
- Develop self-sufficiency and the ability to work in a team.
- Improve the positivity of relationships between staff and students.
- Take responsibility and use initiative in problem solving, managing projects and decision making in a giving capacity.
- Develop valuable skills related to communication, team work and conflict resolution.
- Become more self aware and able to manage personal identity.
- Build resilience, confidence and self esteem.
- Develop independence to enable a satisfying and healthy life.
- Gain a broader understanding of themselves and the world they live in.
- Improve physical health and mental health awareness.

Term 1:

During Term 1, the Student Wellbeing Program focused on Positive Relationships. The first workshop discussed negative and positive attributes of relationships and introduced the term abuse. Groups discussed how relationships develop from adolescence to adulthood. During the second workshop students investigated abusive relationship scenarios and identified various forms of abuse. Students worked with each other to reflect on how each situation could have been handled to minimise the risk of harm. The Domestic Violence Crisis Service (DVCS) came to a college meeting and educated students on the alarmingly high statistics of domestic violence occurrences. DVCS explained how to identify early signs of an abusive relationship and ways to access help services for themselves or others. The students also were delivered a session on cultural awareness and gained an understanding of the significance of the acknowledgment of country. We celebrated our diversity at Lake Ginninderra College by holding a Harmony Day event on the 21st March. We had a multicultural café, students and staff dressed in cultural attire and live music was performed. For more information or support regarding domestic violence please contact DVCS (details below).



24hrs crisis line
02 6280 0900
Servicing the ACT



Lake Idol 2018

The 2018 edition of Lake Idol had its most diverse line up yet with representation from Lyneham High School and Hawker College along with Lake G talent and cultural representation. Business classes raised money for the Tathra Bushfire Appeal with a range of small businesses such as Handball Championships, Cup Pong competitions, Chocolate competitions and the traditional bake sale. Community organisations such as Belconnen Community Service and Headspace were also represented. There were prizes for a range of categories with the Lake Idol winners scoring a live gig at a local entertainment establishment.





Term 1

I felt like it was a great beginning and end to term 1, as we welcomed new and old students to Lake G. I had a some year 12 students who volunteered to cook sausages for their peers allowing staff to focus on other important things.

I must say the transition for many year 11's seemed flawless and for those who struggled there was staff and year 12 students to help those find their way. I started on week 7 later on the term at Theodore primary school having taken some long service leave before getting back to the swing of things at Theodore. It was so nice to see the happy faces of students I have known for the last couple of years who were quick to let me know I had been missed and introduced me to new students, staff and families who have joined our fabulous school community. Our usual Wednesday arvo after-school UC Lake G study group started up in week 2 at the request of students who were keen to start off the new year on a good footing with their study. We gather at the library during H line from 3 -4:30pm either working on assessments or revision. During the term with a little bit of encouragement and support from me, students I engage on a daily basis participated in school community events such as Harmony Day and Lake G Idol providing great entertainment with creative items. Even though I had missed most of term 1 at Theodore I was glad to assist during the cross country where I was able to catch up with a couple of our families. I continue to support a student based Christian fellowship group at Lake G who are now called 'proclaim' during Wednesday lunchtime.

I continue pastoral care relationships by engaging with students, staff and community members who need social, emotional, or spiritual support to encourage positive mental health, wellbeing and a

sense of belonging and inclusion.

As usual my office has been busy with the coming and goings of students. On Tuesdays it's been extra busy with students in the Food for Life class choosing to share their cooking treats within the office with myself and their peers.

Thank you

I would like to take the opportunity to give thanks and appreciation to both of my school staff and executives members from both UCSSC Lake Ginninderra and Theodore primary school for your support and always making me feel included and that I belong. Thank you to my professional supervisor, field director Lyndal Rogers, my Lake G chaplaincy support group, the very generous community members that financially support Lake G and Theodore chaplaincy, and the community volunteers who have assisted me in one way or another during the term. Thank you all for your ongoing prayers, your financial support, the emotional, spiritual, fellowship support and encouragement. I am truly humbled and blessed to have an awesome group of people alongside of me who understands the heart of chaplaincy.



Mary Apikotoa
SCHOOL CHAPLAIN
e mary.apikotoa@ed.act.edu.au
m 0401573755



chaplaincy MODEL of care



Significant events coming up:

Theodore:

Next term we have our athletic school carnival
Thursday lunch scrap book group will start up again at Theodore.

UCSSC Lake Ginninderra:

Wednesday UC Lake G study group.

Anyone who would like to make a (tax-deductible) donation in support of the Lake G chaplain may do so using the form on this page.

yes! I WANT TO support THE chaplain AT _____ SCHOOL

HERE IS my gift OF

\$ _____

This is a ☐ Regular monthly gift ☐ One-time gift

Donations of \$2 and over are tax-deductible and a tax receipt will be posted to you. Regular monthly supporters will receive one receipt at the end of each financial year.

☐ Please send me information on remembering SC ACT in my will.

Please provide a tax receipt in

☐ My name ☐ My company name

☐ I'd like to receive the chaplain's prayer updates and newsletters

☐ Credit Card ☐ Visa ☐ Mastercard ☐ Diners ☐ American Express

CARDHOLDER'S NAME _____

CARD NUMBER _____

EXPIRY DATE ____ / ____ / ____ SIGNATURE _____

☐ Cheque (For one-time gifts only. Made payable to SU QLD - Schools Ministry Fund.)

My details (Your personal information is treated in accordance with SC ACT's privacy policy — visit scact.org.au/privacy)

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SUBURB _____ POST CODE _____

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Please return to:
SC ACT c/- SU QLD
PO Box 1167
Eagle Farm QLD 4009

You can also donate online at
scact.org.au/donate
or by phoning **1300 478 753**

Advertisements

BELLCHAMBERS *Music School* The Beat Goes On



Term 2 enrolments are now open.

Music tuition for all levels, all ages, all styles.

Visit our website to see our long list of class offerings. Alternatively call or visit the office for a chat, we're always keen to help you and your family find an instrument they'll enjoy learning. After all, we're all about Music for Life.

bellchambersmusicschool.com.au (Oh, and checkout the Contemporary Vocal Workshop for intermediate-advanced singers.)



Fearless Self-Defence

If you're a young woman aged 10 - 24, come along to a free self-defence workshop run by world champion athletes and leaders for ACT Youth Week.



Time: 09.30am - 11.30am
Date: 21st April 2018
2 Emu Bank Belconnen

RSVP: [INFO@LAKENITELEARNING.COM.AU](mailto:info@lakenitelearning.com.au)



Could \$500 help you with school costs?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.

- | | |
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|  laptops & tablets |  lessons & activities |
|  uniforms & shoes |  books & supplies |
|  sports fees & gear |  camps & excursions |

To join Saver Plus, you must have a Centrelink Health Care or Pensioner Concession Card, be at least 18 years old, have some regular income from work (you or your partner), and have a child at school or attend vocational education yourself.



Contact
Kathleen Watson
your local Saver Plus
Coordinator

Phone
0448 730 305
02 6283 7606

Email
kathleen.watson@
thesmithfamily.com.au

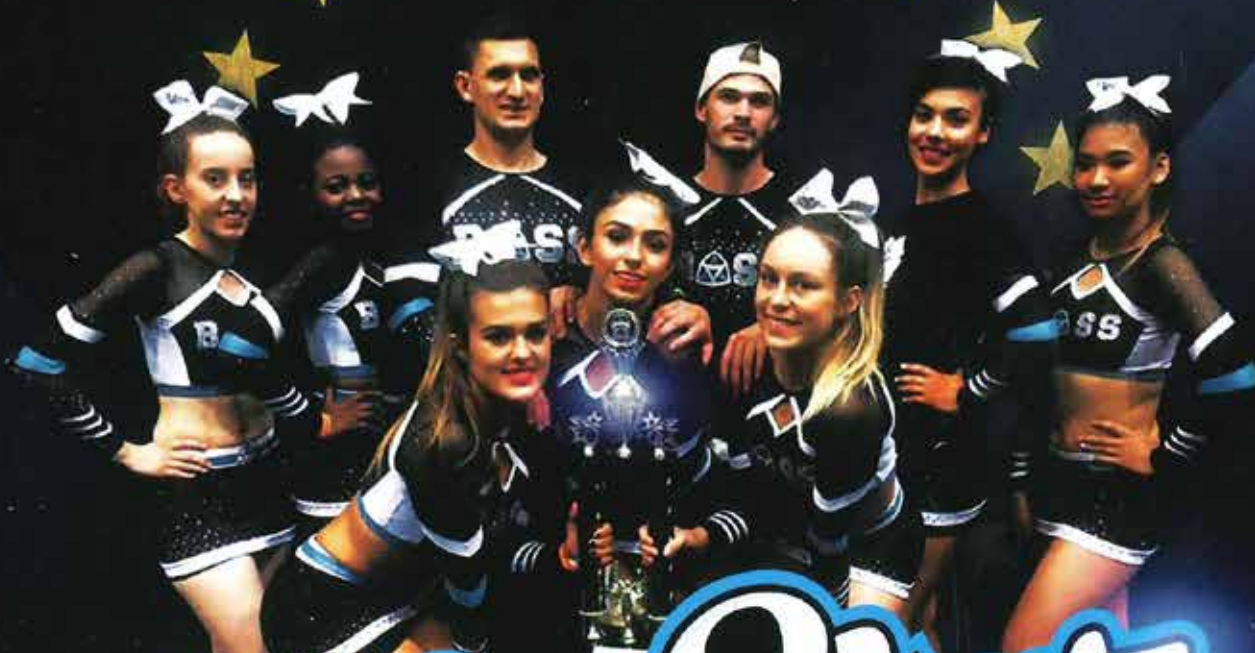
Web
www.saverplus.org.au



Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with Berry Street, The Benevolent Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to www.dss.gov.au for more information.



0401 666 713

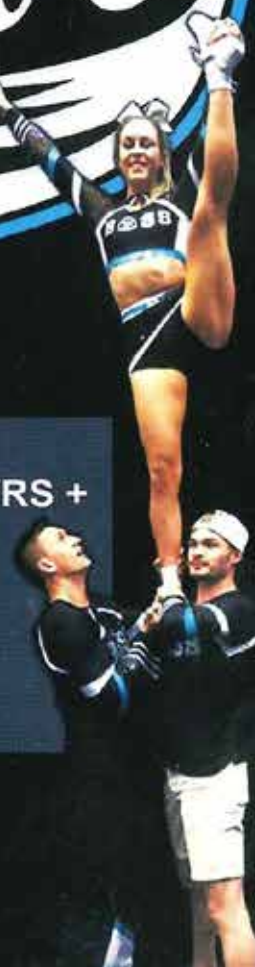


All Stars

CHEERLEADING AND GYMNASTICS

2018 PROGRAMS

BABY ALLSTARS AUSTRALIA - 2-5YRS
ALLSTAR COMPETITIVE CHEERLEADING - 5-25YRS +
RECREATIONAL CHEERLEADING
GYMNASTICS & TUMBLING
PRIVATES
SCHOLASTIC PROGRAMS
BIRTHDAY PARTIES



MOBILE PHONE: 0401 666 713
EMAIL: BOSS ELITE INDUSTRIES@GMAIL.COM
LOCATION: 7/6 DACRE ST, MITCHELL ACT 2911

BRICKS

@ The Woden School

Brick Expo supporting students with special needs.

**SAT 5TH MAY 2018 9am – 4pm &
SUN 6TH MAY 2018 9am – 2pm**

127 Denison St Deakin

Entry: \$3.00/child, \$5.00/adult or \$15.00/family

For details go to <http://www.thewodens.act.edu.au>

This is a Canberra Brick Expo event organised in association with the Canberra Lego User Group and the Woden School Parents & Citizens Assoc.

This event is not affiliated with the LEGO Group. LEGO and the LEGO logo are trademarks of The LEGO Group. © 2014 The LEGO Group.

SPONSORED BY:





Our light rail is fast approaching. Are you Rail Ready?

We are reaching an exciting stage of the light rail project, with the installation of poles, overhead wire and testing of electrical systems and vehicles.

Overhead Wire

Light Rail Vehicles (LRV's) run on electricity that is transmitted through an overhead wire.

Poles are erected along the light rail corridor and the wire is connected from pole to pole.

Stay Safe

→

Look up and
keep away!



- The overhead wire is LIVE and carries 750 volts of power. It will cause fatal injuries if touched. Always keep a safe distance from the overhead wire and never come into contact with it.
- Make sure that your vehicle/load does not come into close contact with the overhead wire. If you are unsure, plan your journey ahead and avoid travelling near the light rail route.
- In the event of an emergency, dial 000.

Light Rail Vehicle (LRV) Testing

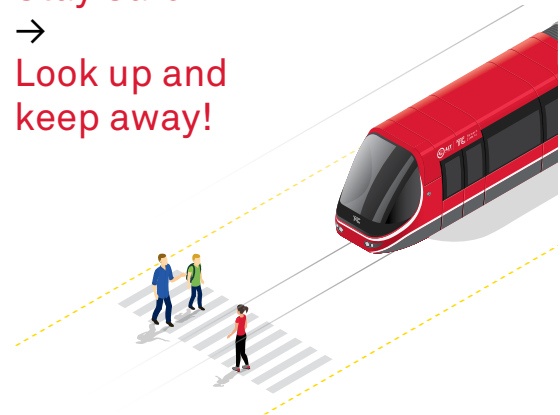
Each LRV undergoes comprehensive testing to ensure its safe operation. Testing will start at night, with the LRVs operating at low speed.

Over time, testing speeds will increase and take place during the day.

Stay Safe

→

Look up and
keep away!



- LRV's can move quickly and quietly so always check your environment at intersections and crossings.
- Pedestrians should only cross roads at designated intersection crossings.
- Keep off the tracks—only authorised vehicles may travel on the tracks.
- Remember to follow all road rules when driving or cycling near light rail.



YOUR **P** **L**ATES

In the ACT, 15 young drivers (aged 17-24) were killed on our roads between 2006 and 2017.

Every trip matters so it's important you help shape sensible drivers.



Supervised driving hours

Learner drivers must hold their licence for at least a year and complete a minimum 100 hours including 10 hours at night time.



P1 and P2 stages

Introduce a new P plate to target restrictions so new drivers gain more experience. No change to licence length, it will remain at 3 years.



Night time driving

No driving between midnight and 5am for P1 drivers. The rules will not apply to P2 drivers.



Passenger restrictions

P1 drivers can only have one passenger aged between 16 and 24 in the car. Exemptions may apply.



Demerit Points

A maximum of 4 points for 3 years. Severe penalties to deter high risk driving.



Mobile phones

No mobile phones, including hands-free, for L, P1 and P2 drivers.



Hazard Perception Test

Learner drivers must complete a computer-based test to recognise dangerous situations and react safely before their Ps.

The facts ...

Too many new drivers are being killed and injured on our roads. In the ACT, 15 young drivers (aged 17-24) were killed on our roads between 2006 and 2017.

Young drivers are at risk due to:

- > inexperience
- > inability to identify and respond to risks or hazards
- > over-confidence
- > inattention and distractions
- > deliberate risk-taking

Why we need your views

How will these changes impact you?

What can we do to help you abide by these new laws?

What exemptions should apply for new restrictions?

What are we changing:

We recognise some changes may affect prospective drivers and their families, particularly parents. These are necessary to reduce deaths and injuries for young drivers, their passengers and other road users.

www.yoursay.act.gov.au



ACT
Government

Justice and Community Safety

Lake G Community Partners

